

Sticking with your plan

(from Career Planner: Choosing an Occupation)

You've done a lot of work to decide on an occupation. Don't let problems keep you from reaching your occupational goal. For each action in your plan, list any possible problems. Then, think about how you're going to get around the problems. Write down your possible solutions. For every problem that you list, there should be at least one solution.

Try to be as specific as you can. The more accurately you can describe the problem, the easier it will be to find a solution. By planning your solutions in advance, you'll find it much easier to solve problems if they do come up. This will help you to keep working on your occupational goal.

My action plan

(If you need more space, make extra copies.)

Action	Potential Problems	Potential Solutions
For example: an appointment with a career counsellor	child gets sick	<ul style="list-style-type: none"> • phone counsellor to make another appointment • or, ask a friend to baby-sit